

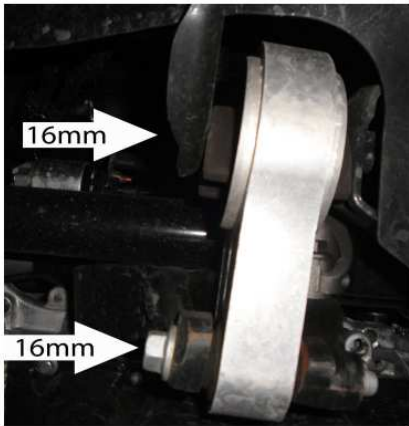


# Lower Motor Mount

R55/R56/R57 MINI COOPER & COOPER S  
PG. 1 OF 1  
Installation Guide

## Tools Needed

16mm socket  
Torque Wrench  
Jack and Jack Stands



1) Make sure the car is cool, then safely lift up the front of the MINI at the jackpoints, using a lift or jack, and secure with jackstands and/or ramps

You will be working around the exhaust pipe and oil pan which tend to get very hot and stay hot after driving. Please wait until they cool to begin any work for this part. Secure the MINI off the ground and triple check that it is safe. You will be working under the car and you can never be too careful during this process

2) Untorque both the 16mm bolts holding the Lower Motor Mount to the Engine and Sub-frame.

3) Remove both bolts holding the Lower Motor Mount

You may have to push the flexpipe of the exhaust away to pull the front 16mm bolt out.

4) Insert BSH Lower Motor Mount and reinstall 16mm bolts.

You may have to rock the motor, as it may have shifted when removing the stock lower motor mount.

5) Torque Bolts to 80 ft/lbs or 108 nm.

ENJOY! and Happy Motoring. Please Call or email if you have any questions, we will be happy to help you enjoy your new BSH product to its full potential.

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